Tips

Lone Worker Safety

Identify the hazards that your lone workers are exposed to (JSA, Hazard Analysis, etc.).

Use the hierarchy of controls to eliminate or minimize hazards.

Teach lone workers how to do their own hazard identification.

Establish communication procedures with lone workers. Forms of communication range from periodically checking in to show they are okay to using newer technological systems to track movement and location or the use of SOS alarms.

CIRSA

Train lone workers and supervisors on what is and is not allowed to do as lone workers.

Have a Lone Worker Policy.

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