

CIRSA STOP THE BLEED TRAINING COURSE



Uncontrolled bleeding is the number one cause of preventable death from trauma. This two-hour course will focus on bleeding control for gunshots, stab wounds, and other penetration-type injuries. Attendees will practice with tourniquets, learn how to pack wounds, and apply compression bandages. Prior 1st-Aid or CPR experience is not necessary.

DATES & LOCATIONS

SEPTEMBER 7th

[Pueblo](#)

Convention Center
320 Central Main Street
Pueblo, CO 81003

SEPTEMBER 28th

[Breckenridge](#)

Grand Vacations Community Center
103 South Harris Street
Breckenridge, CO 80424

OCTOBER 12th

[Silverton](#)

Kendall Mtn Community Center
1 Kendall Place
Silverton, CO 81433

OCTOBER 19th

[Parker](#)

PACE Center
20000 Pikes Peak Avenue
Parker, CO 80138

REGISTRATION: 1:00 P.M. • **TRAINING:** 1:30 P.M. - 3:30 P.M.

To register, use the location links above or email channac@cirsa.org.

- The cost of this seminar is **FREE** for members, however there is limited space so registration is required.

STOP THE BLEED

[STOP THE BLEED®](#) is the result of a collaborative effort led by the American College of Surgeons Committee on Trauma (ACS COT) to bring knowledge of bleeding control to the public.

After tourniquets and tourniquet training were widely adopted by the military, their use during the Iraq and Afghanistan conflicts was reviewed in 2012 and a clear survival benefit was identified. A follow-up study in 2014, led by the ACS COT EMS subcommittee, showed similar benefits related to tourniquet use amongst civilians and further introduced direct pressure and wound packing to the list of simple but effective skills that could be used to control active bleeding in an emergency situation. These findings would ultimately help establish the bystander as playing a critical role in saving lives due to severe bleeding.



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