

CIRSA STOP THE BLEED TRAINING COURSE



Uncontrolled bleeding is the number one cause of preventable death from trauma. This two-hour course will focus on bleeding control for gunshots, stab wounds, and other penetration-type injuries. Attendees will practice with tourniquets, learn how to pack wounds, and apply compression bandages. Prior 1st-Aid or CPR experience is not necessary.

DATES & LOCATIONS

SEPTEMBER 14th

[Longmont](#)

Longmont Hilton Garden Inn
470 South Martin Street
Longmont, CO 80501

SEPTEMBER 28th

[Winter Park](#)

Winter Park Vintage Hotel
100 Winter Park Drive
Winter Park, CO 80482

OCTOBER 5th

[Montrose](#)

Montrose Pavilion
1800 East Pavilion Place
Montrose, CO 81401

OCTOBER 19th

[Limon](#)

Tamarack Golf Course
50771 Highway 71
Limon, CO 80828

REGISTRATION: 1:00 P.M. • **TRAINING:** 1:30 P.M. - 3:30 P.M.

To register, use the location links above or email channac@cirsa.org.

- The cost of this seminar is **FREE** for members, however there is limited space so registration is required.

STOP THE BLEED

[STOP THE BLEED®](#) is the result of a collaborative effort led by the American College of Surgeons Committee on Trauma (ACS COT) to bring knowledge of bleeding control to the public.

After tourniquets and tourniquet training were widely adopted by the military, their use during the Iraq and Afghanistan conflicts was reviewed in 2012 and a clear survival benefit was identified. A follow-up study in 2014, led by the ACS COT EMS subcommittee, showed similar benefits related to tourniquet use amongst civilians and further introduced direct pressure and wound packing to the list of simple but effective skills that could be used to control active bleeding in an emergency situation. These findings would ultimately help establish the bystander as playing a critical role in saving lives due to severe bleeding.



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